B	I	N	G	O
Self-actualization	Anxiety disorder	Anxiety	Distress	Personality
Mental rehearsal	Coping strategy	Schizophrenia	Optimism	Binge eating
Perfectionist	Psychiatrist	**FREE**	Social worker	Bulimia
Obsession	Hygiene	Compulsion	Impulse-control disorder	Phobias
Learned emotions	Peer Group	Mental disorder	Primary emotions	Fight-or-flight response

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B	I	N	G	O
Psychiatrist	Hygiene	Eustress	Mood disorder	Impulse-control disorder
Eating disorder	Catastrophe	Clinical Psychologist	Neurologist	Modeling
Mental disorder	Biofeedback	**FREE**	Personality disorder	Bulimia
Identity	Schizophrenia	Binge eating	Social worker	Resilience
Obsession	Personality	Coping strategy	Distress	PTS disorder

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B	I	N	G	O
Stress	Personality disorder	Perfectionist	Optimism	Phobias
Catastrophe	Cluster suicides	PTS disorder	Modeling	Coping strategy
Peer Group	Mood disorder	**FREE**	Anxiety disorder	Hygiene
Anxiety	Mental rehearsal	Neurologist	Self-actualization	Suicide
Stressor	Cutting	Biofeedback	Depression	Binge eating

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