

B	I	N	G	O
Traffic	Bad Hair Day	A Hot Shower	Ending a Relationship	Public Speaking
Journal	Current Events	Tapping Feet	Moving	Board Game
Starting a New Job	Waiting in Line	Stress Management	COVID	Missing Out
Hobby	Holiday Preparations	Read a book	Hug Someone	Play Solitaire
Social Media	Flush	Large Gatherings	Fatigue	Chat with a Friend

B	I	N	G	O
Chores	Missing Out	Journal	Hug Someone	COVID
Starting a New Job	Puzzles	Hobby	Holiday Preparations	Tapping Feet
Board Game	Waiting in Line	Stress Management	Bad Hair Day	Public Speaking
Large Gatherings	Loneliness	Current Events	Ending a Relationship	Music
Moving	Shallow Breathing	Chat with a Friend	Confrontation	Play Solitaire

B	I	N	G	O
Loneliness	Bad Hair Day	Having a Roommate	A Hot Shower	Hug Someone
Current Events	Traffic	Chat with a Friend	Yoga	Waiting on Hold
Dancing	COVID	Stress Management	Puzzles	Moving
Draw	Journal	Confrontation	Board Game	Public Speaking
Holiday Preparations	Ending a Relationship	Missing Out	Flush	Play Solitaire