B	I	N	G	O
Wash hands and surfaces after touching raw foods	Avoid steam directly to the face	Cough/sneeze into elbow or tissue	Turn hot pan handles towards stovetop	Pull up sleeves
Clean up spills on the ground to avoid slips	Wash dishes	Put ingredients away after use	Be careful with knives	Turn appliances off after use
Use mitts if needed	Wash hands with warm soapy water	**FREE**	Be creative with recipes	Know when to ask for help
Mistakes are okay - practice makes perfect!	Use caution around hot surfaces	Provide a step stool for easy reaching	Keep raw meat poultry seafood or eggs separate	Put clean dishes away
Have fun!	Clean up spills on counters	Tie back long hair	Wipe down surfaces	Clean while you cook

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B	I	N	G	O
Wash hands with warm soapy water	Be careful with knives	Turn hot pan handles towards stovetop	Clean up spills on the ground to avoid slips	Put ingredients away after use
Cough/sneeze into elbow or tissue	Wipe down surfaces	Pull up sleeves	Clean up spills on counters	Turn appliances off after use
Mistakes are okay - practice makes perfect!	Be creative with recipes	**FREE**	Know when to ask for help	Avoid steam directly to the face
Keep raw meat poultry seafood or eggs separate	Tie back long hair	Wash hands and surfaces after touching raw foods	Clean while you cook	Use caution around hot surfaces
Provide a step stool for easy reaching	Put clean dishes away	Use mitts if needed	Wash dishes	Have fun!

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