

B	I	N	G	O
tuna	Cottage cheese	beef	protein powder	healing
Kidney beans	tofu	muscle mass	Fish	stay healthy
turkey	Garbanzo Beans	FREE	egg substitute	eggs
salmon	fatigue	protein bars	chicken	limit fluid intake
Greek yogurt	renal vitamins	Lentils	weak	Peanut butter

B	I	N	G	O
turkey	weak	Fish	fatigue	Kidney beans
protein powder	eggs	beef	limit fluid intake	Garbanzo Beans
egg substitute	Cottage cheese	FREE	chicken	protein bars
Peanut butter	tuna	Lentils	salmon	Greek yogurt
healing	chicken wings	stay healthy	muscle mass	tofu

B	I	N	G	O
salmon	chicken	turkey	Peanut butter	protein powder
renal vitamins	stay healthy	weak	fatigue	Garbanzo Beans
protein bars	Fish	FREE	egg substitute	beef
chicken wings	healing	Greek yogurt	Cottage cheese	tuna
tofu	muscle mass	eggs	limit fluid intake	Lentils