

B	I	N	G	O
Tell an adult	Apologize	I am Respectful	Take a Break	I'm Sorry
Go to Another Game	Tell an Adult	No hitting	Calm Down	Take 5 minutes
Talk with each other	Tell them to stop	I can do it	Deep Breathing	I am a caring cowboy
I can handle small problems	Talk it out	I feel...	I am Safe	Ignore It
I am Responsible	Go For a Walk	Share and Take Turns	Walk away	Good choices

B	I	N	G	O
Tell them to stop	Calm Down	Take a Break	Go to Another Game	No hitting
I am Respectful	Walk away	I'm Sorry	Go For a Walk	Take 5 minutes
I can handle small problems	Deep Breathing	I can do it	I am a caring cowboy	Apologize
I am Safe	Share and Take Turns	Tell an adult	Good choices	Talk it out
I feel...	Ignore It	Talk with each other	Tell an Adult	I am Responsible

B	I	N	G	O
Go For a Walk	Share and Take Turns	Calm Down	Ignore It	Deep Breathing
Tell an adult	I can handle small problems	I feel...	Tell an Adult	I'm Sorry
Talk with each other	Good choices	I can do it	Talk it out	I am Safe
Tell them to stop	Take 5 minutes	Take a Break	Walk away	I am Respectful
I am a caring cowboy	Apologize	No hitting	Go to Another Game	I am Responsible