

B	I	N	G	O
Uncomfortable	Afraid	Confused	Sad	Frustrated
Bored	Tired	Itchy	Angry	Lonely
Surprised	Worried	FREE	Annoyed	Disgusted
Excited	Silly	Exhausted	Disappointed	Happy
Confused	Anxious	Joyful	none	Calm

B	I	N	G	O
Worried	Angry	Sad	Bored	Itchy
Confused	none	Frustrated	Anxious	Lonely
Excited	Annoyed	FREE	Disgusted	Afraid
Disappointed	Joyful	Uncomfortable	Calm	Silly
Exhausted	Happy	Surprised	Tired	Confused

B	I	N	G	O
Anxious	Joyful	Angry	Happy	Annoyed
Uncomfortable	Excited	Exhausted	Tired	Frustrated
Surprised	Calm	FREE	Silly	Disappointed
Worried	Lonely	Sad	none	Confused
Disgusted	Afraid	Itchy	Bored	Confused