

B	I	N	G	O
Team 2 passing TD	10 Burpees	Balance the ball on your head for 10 Seconds	Team 1 passing TD	Right leg plank 1 minute
40 toe taps in 30 seconds	Team 2 Fumble Lost	Team 1 Field Goal	10 Star Jumps	Team 2 Field Goal
10 left foot Keepie ups	Left leg plank 1 minute	FREE	Plank for 2 minutes	Team 2 3rd down conversion
Post Video of favourite dad joke	Team 1 completed pass	Film favourite fortnite dance	Sack by Team 2	Film an around the world
20 Press ups	40 Keepie ups	Team 1 Fair Catch	5 Headed Keepie ups	Team 1 Fumble Lost

B	I	N	G	O
Team 2 timeout	Team 1 timeout	Team 1 completed pass	Team 1 Field Goal	Team 2 3rd down conversion
20 Press ups	40 Keepie ups	Team 1 Fumble Lost	Sack by Team 2	40 toe taps in 30 seconds
Team 1 Fair Catch	10 Star Jumps	FREE	Left leg plank 1 minute	10 Burpees
Right leg plank 1 minute	Team 2 passing TD	Tie game after 0-0	5 Headed Keepie ups	10 left foot Keepie ups
Team 1 passing TD	Balance on left foot touch floor	Plank for 2 minutes	Balance the ball on your head for 10 Seconds	Film favourite fortnite dance

B	I	N	G	O
Team 1 Fair Catch	40 toe taps in 30 seconds	Team 1 completed pass	Team 1 Fumble Lost	Balance on left foot touch floor
10 Star Jumps	Tie game after 0-0	Balance the ball on your head for 10 Seconds	Team 2 timeout	Team 2 completed pass
5 Headed Keepie ups	Team 2 3rd down conversion	FREE	Post Video of favourite dad joke	Team 1 passing TD
10 Burpees	40 Keepie ups	Sack by Team 2	Plank for 2 minutes	Kill the ball first touch out of the air
Team 2 passing TD	10 left foot Keepie ups	Team 2 Field Goal	20 Press ups	Team 2 Fumble Lost