

B	I	N	G	O
Team 2 passing TD	10 Burpees	Balance on left foot touch floor	Team 1 passing TD	Post Video of favourite dad joke
40 Keepie ups	Team 2 Fumble Lost	Team 1 Field Goal	10 Keepie ups against a wall	Team 2 Field Goal
10 Star Jumps	Kill the ball first touch out of the air	FREE	Left leg plank 1 minute	Team 2 3rd down conversion
Plank for 2 minutes	Team 1 completed pass	Film an around the world	Right leg plank 1 minute	Balance the ball on your head for 10 Seconds
10 left foot Keepie ups	20 Press ups	Sack by Team 2	40 toe taps in 30 seconds	Team 1 Fumble Lost

B	I	N	G	O
Team 2 timeout	Team 1 timeout	Team 1 completed pass	Team 1 Field Goal	Team 2 3rd down conversion
10 left foot Keepie ups	20 Press ups	Team 1 Fumble Lost	Right leg plank 1 minute	40 Keepie ups
Sack by Team 2	10 Keepie ups against a wall	FREE	Kill the ball first touch out of the air	10 Burpees
Post Video of favourite dad joke	Team 2 passing TD	Tie game after 0-0	40 toe taps in 30 seconds	10 Star Jumps
Team 1 passing TD	5 Headed Keepie ups	Left leg plank 1 minute	Balance on left foot touch floor	Film an around the world

B	I	N	G	O
Sack by Team 2	40 Keepie ups	Team 1 completed pass	Team 1 Fumble Lost	5 Headed Keepie ups
10 Keepie ups against a wall	Tie game after 0-0	Balance on left foot touch floor	Team 2 timeout	Team 2 completed pass
40 toe taps in 30 seconds	Team 2 3rd down conversion	FREE	Plank for 2 minutes	Team 1 passing TD
10 Burpees	20 Press ups	Right leg plank 1 minute	Left leg plank 1 minute	Film favourite fortnite dance
Team 2 passing TD	10 Star Jumps	Team 2 Field Goal	10 left foot Keepie ups	Team 2 Fumble Lost