

S	O	B	E	R
Trigger	AA	Family	Recovery Center	Memory loss
Celebrated a recovery milestone	Treatment	Money problems	Addiction	Positive coping strategies
Self-help support group	clean/sober	FREE	Affirmations	Healthy Relationships
CBT Therapy	High risk situation	Relapse	Meditation	Resentments
Halfway House	Mental Health Court	HA	Better communication	NA

S	O	B	E	R
clean/sober	Relapse	Positive coping strategies	NA	Resentments
Affirmations	CBT Therapy	Memory loss	Celebrated a recovery milestone	Mental Health Court
Addiction	Happiness	FREE	AA	Meditation
Trigger	Better communication	sponsorship	Recovery Center	Money problems
Family	Healthy Relationships	High risk situation	Halfway House	Treatment

S	O	B	E	R
Celebrated a recovery milestone	Resentments	High risk situation	Recovery Center	AA
clean/sober	Positive coping strategies	Family	CBT Therapy	Mental Health Court
Healthy Relationships	Happiness	FREE	Affirmations	Addiction
Better communication	Self-help support group	Memory loss	HA	NA
Treatment	Trigger	Meditation	Halfway House	Co-occurring disorder