

|                   |                                          |                                   |                         |                      |
|-------------------|------------------------------------------|-----------------------------------|-------------------------|----------------------|
| <b>B</b>          | <b>I</b>                                 | <b>N</b>                          | <b>G</b>                | <b>O</b>             |
| The Peak-End Rule | Abdul pipes in with something irrelevant | Cognitive labeling                | Personalizing           | Magnifying           |
| Catastrophizing   | The Halo Effect                          | Minimizing                        | All or nothing thinking | Overgeneralizing     |
| Survey Method     | Underestimating coping ability           | <b>FREE</b>                       | Assumed similarity      | Entitlement beliefs  |
| In-group bias     | Shoulds and musts                        | Justification and moral licensing | Disqualifying Positives | Mindreading          |
| Delusions         | Blaming others                           | Negative predictions              | Unrelenting standards   | Cognitive conformity |

|                                   |                         |                   |                      |                                          |
|-----------------------------------|-------------------------|-------------------|----------------------|------------------------------------------|
| <b>B</b>                          | <b>I</b>                | <b>N</b>          | <b>G</b>             | <b>O</b>                                 |
| Underestimating coping ability    | All or nothing thinking | Personalizing     | Catastrophizing      | Minimizing                               |
| Cognitive labeling                | Unrelenting standards   | Magnifying        | Blaming others       | Overgeneralizing                         |
| In-group bias                     | Assumed similarity      | <b>FREE</b>       | Entitlement beliefs  | Abdul pipes in with something irrelevant |
| Disqualifying Positives           | Negative predictions    | The Peak-End Rule | Cognitive conformity | Shoulds and musts                        |
| Justification and moral licensing | Mindreading             | Survey Method     | The Halo Effect      | Delusions                                |

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|--------------------------------|------------------------------------------|-----------------------------------|-----------------------|-------------------------|
| <b>B</b>                       | <b>I</b>                                 | <b>N</b>                          | <b>G</b>              | <b>O</b>                |
| Blaming others                 | Negative predictions                     | All or nothing thinking           | Mindreading           | Assumed similarity      |
| The Peak-End Rule              | In-group bias                            | Justification and moral licensing | The Halo Effect       | Magnifying              |
| Survey Method                  | Cognitive conformity                     | <b>FREE</b>                       | Shoulds and musts     | Disqualifying Positives |
| Underestimating coping ability | Overgeneralizing                         | Personalizing                     | Unrelenting standards | Cognitive labeling      |
| Entitlement beliefs            | Abdul pipes in with something irrelevant | Minimizing                        | Catastrophizing       | Delusions               |