

S	O	B	E	R
Treatment	Addiction	A-A	H-A	Relapse
Memory loss	Counseling	Serenity Prayer	PAWS	Defense Mechanisms
Recovery Community	Self-help support group	FREE	Better communication	Money problems
High risk situation	JNC	Relationships	Meditation	Positive coping strategies
Resentments	Heroin	Has fewer than 90 days clean/sober	Mental Health Court	Has a sponsor

S	O	B	E	R
Better communication	Co-occurring disorder	Money problems	Memory loss	Meditation
Affirmations	Self-help support group	Relapse	High risk situation	JNC
Serenity Prayer	Addiction	FREE	Treatment	Mental Health Court
Legal issues	Defense Mechanisms	Has a sponsor	Positive coping strategies	Trigger
Recovery Community	PAWS	Resentments	Counseling	A-A

S	O	B	E	R
Meditation	Counseling	Money problems	The Big Book	Better communication
Trusting the Process	Trigger	Defense Mechanisms	Affirmations	Relapse
PAWS	H-A	FREE	Addiction	Treatment
Memory loss	Recovery Community	JNC	High risk situation	Has fewer than 90 days clean/sober
Positive coping strategies	Resentments	Legal issues	A-A	Co-occurring disorder