

Trust	Active Listening	Acceptance	Empathy	Respect
Healthy Behavior(s)	Commitment	Thoughtful	Patience	Support
Understanding	Balance	FREE	Individuality	Forgiveness
Giving & Receiving	Share Feelings	Gratitude	Problem Solving	Shared Decision making
Equality	Honesty	Encouragement	Boundaries	Appreciation

Support	Boundaries	Self-Esteem	Forgiveness	Balance
Giving & Receiving	Thoughtful	Appreciation	Understanding	Active Listening
Individuality	Respect	FREE	Honesty	Good Communication
Healthy Behavior(s)	Commitment	Empathy	Positive Self-esteem	Validation
Patience	Share Feelings	Co-operation	Problem Solving	Acceptance

Gratitude	Commitment	Individuality	Trust	Boundaries
Vulnerability	Validation	Compromise	Appreciation	Respect
Patience	Effort	FREE	Active Listening	Understanding
Healthy Behavior(s)	Co-operation	Giving & Receiving	Empathy	Balance
Forgiveness	Equality	Problem Solving	Positive Self-esteem	Share Feelings