B	I	N	G	O
What helps you when you feel down	Describe one of your current goals	Name a person you respect	Say one thing you like a out yourself	Name something you are proud of
Name 2 things you look for in a friend	Share a time you helped a friend	Name the best quality in your friend	Describe your greatest strength	Name two things that make you smile
Share a time a friend helped you	What is your best advice	**FREE**	Describe your perfect day	Name one thing you would like to be better at
Name something unique about yourself	Share a happy event in your life	Name something you are grateful for today	Name one positive thing from this week	Name something you can teach someone
Name a way people put themselves down	Give a compliment to someone	Name two people who are important to you	What makes you more confident	Name a famous person you'd like to meet

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B	I	N	G	O
What is your best advice	Describe your greatest strength	Say one thing you like a out yourself	Name 2 things you look for in a friend	Name the best quality in your friend
Name a person you respect	What makes you more confident	Name something you are proud of	Give a compliment to someone	Name two things that make you smile
Name something unique about yourself	Describe your perfect day	**FREE**	Name one thing you would like to be better at	Describe one of your current goals
Name one positive thing from this week	Name two people who are important to you	What helps you when you feel down	Name a famous person you'd like to meet	Share a happy event in your life
Name something you are grateful for today	Name something you can teach someone	Share a time a friend helped you	Share a time you helped a friend	Name a way people put themselves down

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B	I	N	G	O
Give a compliment to someone	Name two people who are important to you	Describe your greatest strength	Name something you can teach someone	Describe your perfect day
What helps you when you feel down	Name something unique about yourself	Name something you are grateful for today	Share a time you helped a friend	Name something you are proud of
Share a time a friend helped you	Name a famous person you'd like to meet	**FREE**	Share a happy event in your life	Name one positive thing from this week
What is your best advice	Name two things that make you smile	Say one thing you like a out yourself	What makes you more confident	Name a person you respect
Name one thing you would like to be better at	Describe one of your current goals	Name the best quality in your friend	Name 2 things you look for in a friend	Name a way people put themselves down

Self Esteem Bingo Card #3 of 3

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