

S	O	B	E	R
Self-help support group	Addiction	Has a sponsor	Money problems	Marijuana
Co-occurring disorder	Resentments	Mental Health Court	Affirmations	Relapse
Alcohol	Memory loss	FREE	High risk situation	Relationships
Higher Power	Positive coping strategies	Inhalants	Meth	Has finished Step Nine
Has fewer than 90 days clean/sober	Meditation	Better communication	Celebrated a recovery milestone/Anniv within the past week	Pain pills

S	O	B	E	R
Heroin	Alcohol	High risk situation	Resentments	Affirmations
Self-help support group	Relationships	Memory loss	Money problems	Meditation
Higher Power	Marijuana	FREE	Co-occurring disorder	Has a sponsor
Mental Health Court	Treatment	Pain pills	Positive coping strategies	Better communication
Celebrated a recovery milestone/Anniv within the past week	Meth	Addiction	Inhalants	Trigger

S	O	B	E	R
Treatment	Diet Pills	Alcohol	Pain pills	Co-occurring disorder
Memory loss	Family	Trigger	Affirmations	Self-help support group
Inhalants	Celebrated a recovery milestone/Anniv within the past week	FREE	Money problems	High risk situation
Has a sponsor	Heroin	Addiction	Has fewer than 90 days clean/sober	Meditation
Meth	Resentments	Positive coping strategies	Higher Power	Relapse