

B	I	N	G	O
Third Trimester	22-25 weeks	2-3 days	Every 2 weeks	Pruritis Gravidarum
Lordosis	Couvade Syndrome	Surfactant	Phase 1	34 0/7 - 36 6/6
Primigravida	Small Frequent Meals	FREE	Probable	Toxoplasmosis
Ambivalent	Oxygenated Blood	Human Chorionic Gonadotropin (HcG)	Sound	Corn starch Ice Clay Baking Soda
Hypoglycemia	Respiratory Alkalosis	Leukorrhea	Pregnancy Danger Signs	Second Trimester Discomforts

B	I	N	G	O
Lightening	Second Trimester	Primigravida	Foramen Ovale	Small Frequent Meals
Human Chorionic Gonadotropin (HcG)	First Trimester Discomforts	Montgomery Tubercles	Hypoglycemia	Fetal Alcohol Syndrome
Amniotic Fluid	Basal metabolic rate	FREE	Nullipara	Maternal Adaptation
Listeriosis	8-10 glasses per day	Sound	Quickening	Hegar Sign
Ambivalent	Hypertrophy	TDAP Seasonal Flu	34 0/7 - 36 6/6	Toxoplasmosis

B	I	N	G	O
Striae Gravidarum	24 hours	On empty stomach	Pruritis Gravidarum	Miscarriage chromosomal abnormalities gestation diabetes
8-10 glasses per day	Hyperemesis Gravidarum	Nullipara	LBW/VLBW pre-eclampsia Inadequate weight gain	Maternal Adaptation
Crackers Toast	Every 2 weeks	FREE	Sound	Physiologic Anemia
Urinary Tract Infection	Relaxin	Primigravida	Phase 2	Respiratory Nutrition Excretion Storage Endocrine
Amniotic Fluid	Complete Cessation	Placental Perfusion	Couvade Syndrome	Pregnancy Danger Signs