

S	O	B	E	R
Treatment	Addiction	Family	Relationships	Mental Health Court
Celebrated a recovery milestone	Step Nine	NNAMHS	Affirmations	Relapse
Self-help support group	Trigger	FREE	Anniversary	High risk situation
Meditation	Resentments	Memory loss	Has fewer than 90 days clean	Money problems
Has a sponsor	Better communication	Positive coping strategies	clean	Co-occurring disorder

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Trigger	Affirmations	Relationships	Celebrated a recovery milestone	NNAMHS
Family	clean	Mental Health Court	Better communication	Relapse
Meditation	Anniversary	FREE	High risk situation	Addiction
Has fewer than 90 days clean	Positive coping strategies	Treatment	Co-occurring disorder	Resentments
Memory loss	Money problems	Self-help support group	Step Nine	Has a sponsor

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Better communication	Positive coping strategies	Affirmations	Money problems	Anniversary
Treatment	Meditation	Memory loss	Step Nine	Mental Health Court
Self-help support group	Co-occurring disorder	FREE	Resentments	Has fewer than 90 days clean
Trigger	Relapse	Relationships	clean	Family
High risk situation	Addiction	NNAMHS	Celebrated a recovery milestone	Has a sponsor