B	I	N	G	O
Self-actualization	Anxiety	Anorexia nervosa	Distress	Personality
Mental rehearsal	Coping strategy	Schizophrenia	Optimism	Anxiety disorder
Perfectionist	Psychiatrist	**FREE**	Social worker	Bulimia
Obsession	Hierarchy of needs	Compulsion	Impulse-control disorder	Phobias
Learned emotions	Peer Group	Mental disorder	Primary emotions	Eustress

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B	I	N	G	O
Psychiatrist	Hierarchy of needs	Emotion	Mood disorder	Impulse-control disorder
Eating disorder	Catastrophe	Clinical Psychologist	Neurologist	Modelling
Mental disorder	Binge eating	**FREE**	Personality disorder	Bulimia
Identity	Schizophrenia	Anxiety disorder	Social worker	Resilience
Obsession	Personality	Coping strategy	Distress	PTS disorder

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B	I	N	G	O
Stress	Personality disorder	Perfectionist	Optimism	Phobias
Catastrophe	Cluster suicides	PTS disorder	Modelling	Coping strategy
Peer Group	Mood disorder	**FREE**	Anxiety	Hierarchy of needs
Anorexia nervosa	Mental rehearsal	Neurologist	Self-actualization	Suicide
Stressor	Cutting	Binge eating	Depression	Anxiety disorder

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