

B	I	N	G	O
Table Top	5 Push Ups	1/2 Turn	Forward Kicks	Presentation
Jump 1/2 Turn	Bridge	Straddle Sit	Pike Jump	5 Sit Ups
Star Jump	Tuck Jump	FREE	Arabesque	Lunge
Full Turn	Stork Stand	Half Turn	Split Leap	Headstand
Pivot Turn	Splits	Plank	Frog Jumps	Forward Walking

B	I	N	G	O
Jump Full Turn	Half Turn	Forward Roll	Back Support	Backwards Kicks
Lunge	Jump 1/2 Turn	Hollow Hold	5 Squats	Stork Stand
Side Support	Front Support Balance	FREE	Arabesque	Straddle Sit
5 Sit Ups	Tuck Jump	Full Turn	Jump from block to land	Handstand
Bunny Hops	Forward Kicks	Pike Sit	Tuck Sit	Sideways Kicks

B	I	N	G	O
Presentation	Pike Jump	Split Leap	Arabesque	Bear Crawl
Pivot Turn	Jump 1/2 Turn	Bunny Hops	Plank	Jump from block to land
5 Push Ups	Front Support Balance	FREE	1/2 Turn	Hollow Hold
Bridge	Lunge	Table Top	Back Support	V balance
Tuck Stand	Tuck Sit	5 Squats	Side Support	Cartwheel