

B	I	N	G	O
Understand the situation	Affirm forgive or thank	Don't blame anyone	Talking can lead to a solution	Say how you feel
Be honest	Try to think of a solution together	Stick to the agreement	Ask for feedback to check understanding of your viewpoint	Take time to calm down
Try seeing the good in people	Work out what each of you will do	FREE	Ask for feedback to check understanding of your viewpoint	Give periodic feedback to check understanding
Listen to the other person without judging	Treat people fairly	No insults	Don't interrupt	See the other person's point of view
Don't gang up with others	Ask questions to draw out the other side of the conflict	Take responsibility	Work together	Don't argue

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Work out what each of you will do	Ask for feedback to check understanding of your viewpoint	Talking can lead to a solution	Be honest	Stick to the agreement
Don't blame anyone	Work together	Say how you feel	Ask questions to draw out the other side of the conflict	Take time to calm down
Listen to the other person without judging	Ask for feedback to check understanding of your viewpoint	FREE	Give periodic feedback to check understanding	Affirm forgive or thank
Don't interrupt	Take responsibility	Understand the situation	Don't argue	Treat people fairly
No insults	See the other person's point of view	Try seeing the good in people	Try to think of a solution together	Don't gang up with others

B	I	N	G	O
Ask questions to draw out the other side of the conflict	Take responsibility	Ask for feedback to check understanding of your viewpoint	See the other person's point of view	Ask for feedback to check understanding of your viewpoint
Understand the situation	Listen to the other person without judging	No insults	Try to think of a solution together	Say how you feel
Try seeing the good in people	Don't argue	FREE	Treat people fairly	Don't interrupt
Work out what each of you will do	Take time to calm down	Talking can lead to a solution	Work together	Don't blame anyone
Give periodic feedback to check understanding	Affirm forgive or thank	Stick to the agreement	Be honest	Don't gang up with others