

B	I	N	G	O
Take a photo with another team	Attend class 3 days in a row	Come to a Saturday together	Share a goal with a coach	Leave us a facebook review
Bring a friend/refer a friend	Take a photo with a coach	Post a meal prep photo in FB grou	Both make committed club (12)	Share Brightspot on Mias #BSF
Tag us in a photo with CFEA gear	Walk 10 miles together this month	FREE	Bring a case of water	Complete 50 Synchro burpees
Each attend 1 5am class	Sunday Ruck Together	Each complete 1 remote wod	Complete 200 wall ball situps tog	PR a Lift
Complete 200 cals on the bike	Bring a coach a snack/treat	Send a written testimonial to Mia	Wear matching shirts (photo)	Buy a friend a Fitaid

B	I	N	G	O
Walk 10 miles together this month	Both make committed club (12)	Share a goal with a coach	Bring a friend/refer a friend	Post a meal prep photo in FB grou
Come to a Saturday together	Wear matching shirts (photo)	Leave us a facebook review	Bring a coach a snack/treat	Share Brightspot on Mias #BSF
Each attend 1 5am class	Bring a case of water	FREE	Complete 50 Synchro burpees	Attend class 3 days in a row
Complete 200 wall ball situps tog	Send a written testimonial to Mia	Take a photo with another team	Buy a friend a Fitaid	Sunday Ruck Together
Each complete 1 remote wod	PR a Lift	Tag us in a photo with CFEA gear	Take a photo with a coach	Complete 200 cals on the bike

B	I	N	G	O
Bring a coach a snack/treat	Send a written testimonial to Mia	Both make committed club (12)	PR a Lift	Bring a case of water
Take a photo with another team	Each attend 1 5am class	Each complete 1 remote wod	Take a photo with a coach	Leave us a facebook review
Tag us in a photo with CFEA gear	Buy a friend a Fitaid	FREE	Sunday Ruck Together	Complete 200 wall ball situps tog
Walk 10 miles together this month	Share Brightspot on Mias #BSF	Share a goal with a coach	Wear matching shirts (photo)	Come to a Saturday together
Complete 50 Synchro burpees	Attend class 3 days in a row	Post a meal prep photo in FB grou	Bring a friend/refer a friend	Complete 200 cals on the bike