

B	I	N	G	O
6. Eat a good breakfast!! Dont overeat!	2. Make a commitment to do your best	1. No pressure-just RELAX!	24. Erase all stray marks on your test sheet!	18. Read the directions quickly but carefully!
22. Complete all of the easier items first!	5. Pick out your clothes the night before	20. Find the right answer and mark it clearly!	14. Accept anxious feelings! It will be okay!	23. Eliminate answers you know are wrong!
4. Make sure you wake up early!	8. If you have glasses wear them!	FREE	16. Listen carefully to directions!	12. Think positive about the TEST!
13. A positive attitude counts TWICE!	3. Get a good night's sleep	15. Do not become discouraged!	11. Avoid activities that may create problems!	19. Work swiftly but accurately
10. Resolve any problems with family and friends!	17. Rock the TEST!	21. Check your work!	9. Try to clear your mind of all worries!	7. Wear comfortable clothing

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