

B	I	N	G	O
Strengths	Accomplishment	I Will	SMART	Progress
Goal	Specific	Reflection	Achievable	Resources
Skills	Timely	FREE	Attainable	Obstacles
Planning	Short Term	Preparing	Measurable	Realistic
Journal	Fixed Mindset	Relevant	Weakness	Growth Mindset

B	I	N	G	O
Timely	Achievable	SMART	Goal	Reflection
I Will	Weakness	Progress	Fixed Mindset	Resources
Planning	Attainable	FREE	Obstacles	Accomplishment
Measurable	Relevant	Strengths	Growth Mindset	Short Term
Preparing	Realistic	Skills	Specific	Journal

B	I	N	G	O
Fixed Mindset	Relevant	Achievable	Realistic	Attainable
Strengths	Planning	Preparing	Specific	Progress
Skills	Growth Mindset	FREE	Short Term	Measurable
Timely	Resources	SMART	Weakness	I Will
Obstacles	Accomplishment	Reflection	Goal	Journal