

S	O	B	E	R
Trauma	"One day at a time..."	Family	Remember a lost loved one	Legal issues
Co-occurring disorder	Sponsor	Positive coping strategies	Addiction	Relationships
Shame	Affirmations	FREE	Money problems	Has started 12 steps
High risk situation	Resentments	How many times in treatment	Relapse	Self-help support group
Has fewer than 90 days clean	Has a sponsor	Memory loss	Better communication	Celebrated a recovery milestone

S	O	B	E	R
Money problems	Legal issues	Affirmations	Shame	Better communication
Remember a lost loved one	Has started 12 steps	High risk situation	Sponsor	Addiction
Trigger	Memory loss	FREE	Co-occurring disorder	Family
Relapse	Relationships	Positive coping strategies	Resentments	Celebrated a recovery milestone
"One day at a time..."	Trauma	Tweaker	Enabler	Has a sponsor

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Money problems	Co-occurring disorder	Relapse	Enabler	Addiction
"One day at a time..."	Tweaker	Trigger	Celebrated a recovery milestone	Sponsor
Dope fiend	Resentments	FREE	How many times in treatment	Relationships
Memory loss	High risk situation	Has started 12 steps	Affirmations	Self-help support group
Better communication	Shame	Legal issues	Family	Positive coping strategies