

S	O	B	E	R
Treatment	Addiction	Heroin	Relapse	Memory loss
Co-occurring disorder	Stealing	Money problems	Affirmations	Positive coping strategies
Self-help support group	Being alone	FREE	Meth	Legal
Marijuana	Relationships	Meditation	Pain pills	Resentments
Inhalants	High risk situation	Mental Health Court	Better communication	Celebrated a recovery milestone/Anniversary

S	O	B	E	R
Meth	Memory loss	Being alone	Self-help support group	Better communication
Relapse	Legal	Marijuana	Stealing	Affirmations
Trigger	Mental Health Court	FREE	Co-occurring disorder	Heroin
Pain pills	Positive coping strategies	Money problems	Relationships	Celebrated a recovery milestone/Anniversary
Addiction	Treatment	clean/sober	Has a sponsor	High risk situation

S	O	B	E	R
Meth	Co-occurring disorder	Pain pills	Has a sponsor	Affirmations
Addiction	clean/sober	Trigger	Celebrated a recovery milestone/Anniversary	Stealing
Family	Relationships	FREE	Meditation	Positive coping strategies
Mental Health Court	Marijuana	Legal	Being alone	Resentments
Better communication	Self-help support group	Memory loss	Heroin	Money problems