

B	I	N	G	O
Transfer chair	Abduction of arms	Depression	Pronation	Gait belt
Circumduction	Supination	Hyperextension of neck	Adduction of arms	Plantar flexion of hand
Rotation of head	Trochanter roll	FREE	Braces	Eversion
Extension of arm	ROM	Flexion of arm	Elevation	Hoyer
Dorsiflexion of hand	Cane	Inversion	Walker	Crutches

B	I	N	G	O
Trochanter roll	Adduction of arms	Pronation	Circumduction	Hyperextension of neck
Depression	Walker	Gait belt	Cane	Plantar flexion of hand
Extension of arm	Braces	FREE	Eversion	Abduction of arms
Elevation	Inversion	Transfer chair	Crutches	ROM
Flexion of arm	Hoyer	Rotation of head	Supination	Dorsiflexion of hand

B	I	N	G	O
Cane	Inversion	Adduction of arms	Hoyer	Braces
Transfer chair	Extension of arm	Flexion of arm	Supination	Gait belt
Rotation of head	Crutches	FREE	ROM	Elevation
Trochanter roll	Plantar flexion of hand	Pronation	Walker	Depression
Eversion	Abduction of arms	Hyperextension of neck	Circumduction	Dorsiflexion of hand