

S	O	B	E	R
Treatment	Addiction	AA	Has finished Step Nine	Prayer
Mental Health	Co-occurring disorder	Service	NA	Self-help support group
Better communication	Marijuana	FREE	Celebrated a recovery milestone/Anniv within the past week	Meditation
Relationships	Memory loss	Positive coping strategies	Resentments	High risk situation
Heroin	Meth	CPS	Money problems	Affirmations

S	O	B	E	R
Self-help support group	CPS	Relapse	Marijuana	Better communication
Meditation	Service	Addiction	Treatment	NA
Prayer	Meth	FREE	Affirmations	Money problems
Co-occurring disorder	Has finished Step Nine	Pain pills	Trigger	Relationships
Celebrated a recovery milestone/Anniv within the past week	Positive coping strategies	AA	Mental Health	Steroids

S	O	B	E	R
CPS	clean/sober	Trigger	Co-occurring disorder	Affirmations
Relapse	NA	Family	Addiction	Treatment
Mental Health	Celebrated a recovery milestone/Anniv within the past week	FREE	Prayer	Meditation
Has finished Step Nine	Money problems	Marijuana	Heroin	Positive coping strategies
Steroids	Court system	Relationships	Memory loss	AA