

Support	Accepting No	Effort	Positive Self-esteem	Good Communication
Commitment	Share Feelings	Oversharing	Active Listening	Physical Boundaries
Respect	Trust	FREE	Appreciation	FREE
Forgiveness	Recognize your limits	Giving & Receiving	Equality	Honesty
Encouragement	Balance	Patience	Understanding	Compromise

Trust	Active Listening	Positive Self-esteem	Commitment	Oversharing
Effort	Understanding	Good Communication	Balance	Physical Boundaries
Forgiveness	Appreciation	FREE	FREE	Accepting No
Equality	Patience	Support	Compromise	Recognize your limits
Giving & Receiving	Honesty	Respect	Share Feelings	Encouragement

Balance	Patience	Active Listening	Honesty	Appreciation
Support	Forgiveness	Giving & Receiving	Share Feelings	Good Communication
Respect	Compromise	FREE	Recognize your limits	Equality
Trust	Physical Boundaries	Positive Self-esteem	Understanding	Effort
FREE	Accepting No	Oversharing	Commitment	Encouragement