

|                       |                          |                         |                            |                                                      |
|-----------------------|--------------------------|-------------------------|----------------------------|------------------------------------------------------|
| <b>S</b>              | <b>O</b>                 | <b>B</b>                | <b>E</b>                   | <b>R</b>                                             |
| Treatment             | Addiction                | Inhalants               | Resentments                | Money problems                                       |
| Family                | Thought Life Maintenance | Relapse                 | Affirmations               | Thinking Errors                                      |
| Trigger               | Better communication     | <b>FREE</b>             | Positive coping strategies | Meditation                                           |
| Co-occurring disorder | Memory loss              | Self-help/support group | Mental Health Court        | Relationships                                        |
| Steroids              | Marijuana                | Love Self/Serve Self    | Pain pills                 | Celebrated a recovery milestone within the past week |

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|----------------------------|----------------|----------------------|--------------------------|------------------------------------------------------|
| <b>S</b>                   | <b>O</b>       | <b>B</b>             | <b>E</b>                 | <b>R</b>                                             |
| Positive coping strategies | Money problems | Better communication | Thinking Errors          | Celebrated a recovery milestone within the past week |
| Self-help/support group    | Meditation     | Memory loss          | Thought Life Maintenance | Affirmations                                         |
| Trigger                    | Resentments    | <b>FREE</b>          | Pain pills               | Family                                               |
| Inhalants                  | Relapse        | Steroids             | Co-occurring disorder    | Relationships                                        |
| Addiction                  | Treatment      | "I" statements       | High risk situation      | Love Self/Serve Self                                 |

|                                                      |                |                      |                     |                       |
|------------------------------------------------------|----------------|----------------------|---------------------|-----------------------|
| <b>S</b>                                             | <b>O</b>       | <b>B</b>             | <b>E</b>            | <b>R</b>              |
| Positive coping strategies                           | Family         | Relationships        | High risk situation | Affirmations          |
| Addiction                                            | "I" statements | Inhalants            | Trigger             | Co-occurring disorder |
| Thought Life Maintenance                             | Steroids       | <b>FREE</b>          | Mental Health Court | Resentments           |
| Celebrated a recovery milestone within the past week | Pain pills     | Memory loss          | Meditation          | Better communication  |
| Thinking Errors                                      | Money problems | Love Self/Serve Self | Relapse             | Treatment             |