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|------------------|-----------|---------------------------------------|----------------|----------------|
| <b>B</b>         | <b>I</b>  | <b>N</b>                              | <b>G</b>       | <b>O</b>       |
| Study<br>Torah   | Blessings | Grape<br>Juice                        | Seventh<br>Day | Read<br>Torah  |
| Day of<br>Rest   | Spices    | See<br>friends                        | Blessings      | Serenity       |
| Singing<br>Songs | Synagogue | <b>FREE</b>                           | Candlelighting | Meal           |
| Peaceful         | Shabbat   | Pray                                  | Kiddush        | Rest           |
| Havdallah        | Challah   | Separate<br>from all<br>other<br>days | Wine           | Family<br>time |

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|----------------|---------------------------------------|------------------|----------------|----------------|
| <b>B</b>       | <b>I</b>                              | <b>N</b>         | <b>G</b>       | <b>O</b>       |
| Synagogue      | Blessings                             | Seventh<br>Day   | Day of<br>Rest | See<br>friends |
| Grape<br>Juice | Wine                                  | Read<br>Torah    | Challah        | Serenity       |
| Peaceful       | Candlelighting                        | <b>FREE</b>      | Meal           | Blessings      |
| Kiddush        | Separate<br>from all<br>other<br>days | Study<br>Torah   | Family<br>time | Shabbat        |
| Pray           | Rest                                  | Singing<br>Songs | Spices         | Havdallah      |

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|------------------|---------------------------------------|----------------|----------------|----------------|
| <b>B</b>         | <b>I</b>                              | <b>N</b>       | <b>G</b>       | <b>O</b>       |
| Challah          | Separate<br>from all<br>other<br>days | Blessings      | Rest           | Candlelighting |
| Study<br>Torah   | Peaceful                              | Pray           | Spices         | Read<br>Torah  |
| Singing<br>Songs | Family<br>time                        | <b>FREE</b>    | Shabbat        | Kiddush        |
| Synagogue        | Serenity                              | Seventh<br>Day | Wine           | Grape<br>Juice |
| Meal             | Blessings                             | See<br>friends | Day of<br>Rest | Havdallah      |