

S	O	B	E	R
Step Work	AA	Has a sponsor	Pain pills	Meditation
Celebrated a recovery	Resentments	Miserable	Addiction	NA
Relationships	Affirmations	FREE	Meth	High risk situation
Mad	Positive coping strategies	Marijuana	Money problems	Relapse
Heroin	Has fewer than 90 days clean/sober	Memory loss	Alone	Better communication

S	O	B	E	R
Meth	Meditation	Affirmations	Relationships	Alone
Pain pills	High risk situation	Mad	Resentments	Addiction
Treatment	Memory loss	FREE	Celebrated a recovery	Has a sponsor
Money problems	NA	Miserable	Positive coping strategies	Better communication
AA	Step Work	Trigger	Fear	Has fewer than 90 days clean/sober

S	O	B	E	R
Meth	Celebrated a recovery	Money problems	Fear	Addiction
AA	Trigger	Treatment	Better communication	Resentments
Family	Positive coping strategies	FREE	Marijuana	NA
Memory loss	Mad	High risk situation	Affirmations	Relapse
Alone	Relationships	Meditation	Has a sponsor	Miserable