

S	O	B	E	R
Steroids	Addiction	Heroin	Positive coping strategies	Mental Health Court
Family	Self-help support group	NNAMHS	Affirmations	Pain pills
Resentments	Better communication	FREE	Money problems	Marijuana
Meditation	Relapse	Memory loss	One Year Clean	Relationships
Inhalants	High risk situation	Meth	Celebrated a recovery milestone/Anniv within the past week	Co-occurring disorder

S	O	B	E	R
Money problems	Mental Health Court	Better communication	Resentments	Celebrated a recovery milestone/Anniv within the past week
Positive coping strategies	Marijuana	Meditation	Self-help support group	Affirmations
Treatment	Meth	FREE	Family	Heroin
One Year Clean	Pain pills	NNAMHS	Relapse	Co-occurring disorder
Addiction	Steroids	Trigger	Has fewer than 90 days clean/sober	High risk situation

S	O	B	E	R
Money problems	Family	One Year Clean	Has fewer than 90 days clean/sober	Affirmations
Addiction	Trigger	Treatment	Co-occurring disorder	Self-help support group
Has a sponsor	Relapse	FREE	Memory loss	Pain pills
Meth	Meditation	Marijuana	Better communication	Relationships
Celebrated a recovery milestone/Anniv within the past week	Resentments	Mental Health Court	Heroin	NNAMHS