

| B              | I           | N                        | G                          | O                  |
|----------------|-------------|--------------------------|----------------------------|--------------------|
| manic episodes | 25-year-old | 2.8% or 7 Million people | Holistic Bipolar Treatment | euphoric           |
| anxiety        | Counselling | kids                     | depressions                | 4 days             |
| energetic      | hypomanic   | <b>FREE</b>              | mood swings                | 7 days             |
| cyclothymia    | Sadness     | Brahmi                   | Sleep problems             | flight of thoughts |
| Women          | despair     | great happiness          | Men                        | Interpersonal      |

| B           | I                          | N               | G               | O                       |
|-------------|----------------------------|-----------------|-----------------|-------------------------|
| bipolar 1   | Sleep problems             | Hospitalization | Anti-Depressant | Anti-Inflammatory Foods |
| bipolar 2   | anxiety                    | Women           | 4 days          | hypomanic               |
| fish oil    | Sadness                    | <b>FREE</b>     | 7 days          | lithium salt            |
| mood swings | kids                       | 25-year-old     | cyclothymia     | euphoric                |
| Counselling | Holistic Bipolar Treatment | despair         | energetic       | depressions             |

|                          |           |                         |                            |                 |
|--------------------------|-----------|-------------------------|----------------------------|-----------------|
| <b>B</b>                 | <b>I</b>  | <b>N</b>                | <b>G</b>                   | <b>O</b>        |
| flight of thoughts       | 7 days    | Anti-Inflammatory Foods | despair                    | anxiety         |
| Counselling              | energetic | bipolar 2               | 25-year-old                | Sadness         |
| 2.8% or 7 Million people | Women     | <b>FREE</b>             | manic episodes             | Anti-Depressant |
| teenager                 | no cure   | euphoric                | cyclothymia                | Herbs           |
| mood swings              | 4 days    | Sleep problems          | Holistic Bipolar Treatment | Interpersonal   |