

B	I	N	G	O
manic episodes	25-year-old	happiness	Herbs	despair
Social Rhythm Therapy	Brahmi	kids	bipolar 2	4 days
depressions	fish oil	FREE	mood swings	7 days
bipolar 1	Mood Stabilizer	hypomanic	Sadness	euphoric
Sleep problems	cyclothymia	Interpersonal	Hospitalization	anxiety

B	I	N	G	O
Sadness	Holistic Bipolar Treatment	7 days	Anti-Depressant	bipolar 1
Women	Social Rhythm Therapy	4 days	hypomanic	despair
Men	Mood Stabilizer	FREE	kids	mood swings
25-year-old	anxiety	Brahmi	cyclothymia	no cure
energetic	depressions	bipolar 2	euphoric	Anti-Inflammatory Foods

B	I	N	G	O
cyclothymia	Women	Brahmi	depressions	anxiety
25-year-old	Men	happiness	Social Rhythm Therapy	manic episodes
Anti-Depressant	teenager	FREE	no cure	Counselling
4 days	despair	bipolar 1	Family Therapy	mood swings
Anti-Inflammatory Foods	Sadness	Herbs	7 days	Hospitalization