

S	O	B	E	R
spiritual	Celebrated a recovery milestone/anniv within the past week	affirmations	positive coping strategies	marijuana
Support system	self-help support group	money problems	Has a sponsor	resentments
treatment	Has fewer than 90 days clean/sober	FREE	meth	co-occurring disorder
High risk situation	family	relapse	goals	pain pills
relationships	brain chemistry	alcohol	memory loss	Have a year sober/clean

S	O	B	E	R
meth	marijuana	Has fewer than 90 days clean/sober	resentments	Have a year sober/clean
relapse	co-occurring disorder	family	self-help support group	Has a sponsor
treatment	positive coping strategies	FREE	memory loss	Support system
affirmations	money problems	relationships	High risk situation	pain pills
Celebrated a recovery milestone/anniv within the past week	spiritual	trigger	addiction	alcohol

S	O	B	E	R
meth	Support system	pain pills	addiction	Has a sponsor
Celebrated a recovery milestone/anniv within the past week	trigger	affirmations	treatmen t	High risk situation
self-help support group	relationships	FREE	goals	positive coping strategies
Have a year sober/clean	memory loss	family	co-occurring disorder	Has fewer than 90 days clean/sober
resentments	marijuana	alcohol	money problems	spiritual