

# RECOVERY

|                     |                                                            |                |                            |                         |
|---------------------|------------------------------------------------------------|----------------|----------------------------|-------------------------|
| spiritual           | Celebrated a recovery milestone/anniv within the past week | affirmations   | positive coping strategies | marijuana               |
| Support system      | self-help support group                                    | money problems | Has a sponsor              | resentments             |
| treatment           | Has fewer than 90 days clean/sober                         | <b>FREE</b>    | meth                       | co-occurring disorder   |
| High risk situation | family                                                     | relapse        | goals                      | pain pills              |
| relationships       | brain chemistry                                            | alcohol        | memory loss                | Have a year sober/clean |

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|                                                            |                            |                                    |                         |                         |
|------------------------------------------------------------|----------------------------|------------------------------------|-------------------------|-------------------------|
| meth                                                       | marijuana                  | Has fewer than 90 days clean/sober | resentments             | Have a year sober/clean |
| relapse                                                    | co-occurring disorder      | family                             | self-help support group | Has a sponsor           |
| treatment                                                  | positive coping strategies | <b>FREE</b>                        | memory loss             | Support system          |
| affirmations                                               | money problems             | relationships                      | High risk situation     | pain pills              |
| Celebrated a recovery milestone/anniv within the past week | spiritual                  | trigger                            | addiction               | alcohol                 |

# RECOVERY

|                                                            |                |              |                       |                                    |
|------------------------------------------------------------|----------------|--------------|-----------------------|------------------------------------|
| meth                                                       | Support system | pain pills   | addiction             | Has a sponsor                      |
| Celebrated a recovery milestone/anniv within the past week | trigger        | affirmations | treatment             | High risk situation                |
| self-help support group                                    | relationships  | <b>FREE</b>  | goals                 | positive coping strategies         |
| Have a year sober/clean                                    | memory loss    | family       | co-occurring disorder | Has fewer than 90 days clean/sober |
| resentments                                                | marijuana      | alcohol      | money problems        | spiritual                          |