B	I	N	G	O
weight gain	antidepressants	fear	psychiatric disorder	moodiness
depression	under eating	over sleeping	anxiety	problem-solving therapy
thoughts of suicide	weight loss	**FREE**	cognitive-behavioral therapy (CBT)	interpersonal therapy (IPT)
decreased energy	isolating self	psychotherapies	loss of interest	restlessness
hopelessness	negative thoughts	geriatric	decline in cognitive function	overeating

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B	I	N	G	O
weight loss	psychotherapies	problem-solving therapy	overeating	restlessness
cognitive-behavioral therapy (CBT)	decreased energy	moodiness	depression	negative thoughts
anxiety	insomnia	**FREE**	antidepressants	loss of interest
weight gain	decline in cognitive function	widowed	psychiatric disorder	over sleeping
fear	interpersonal therapy (IPT)	isolating self	hopelessness	under eating

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B	I	N	G	O
depression	restlessness	isolating self	psychiatric disorder	antidepressants
weight loss	problem-solving therapy	fear	decreased energy	negative thoughts
interpersonal therapy (IPT)	insomnia	**FREE**	cognitive-behavioral therapy (CBT)	anxiety
decline in cognitive function	thoughts of suicide	moodiness	geriatric	overeating
under eating	weight gain	loss of interest	hopelessness	difficulty concentrating

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