S	O	B	E	R
Treatment	Addiction	Detox	Resentments	Money problems
Calling People	Time In the Program	Relapse	Affirmations	Sponsorship
Anxiety disorder	Rebuilding Trust	**FREE**	Meditation	Support System
Memory loss	Sober House	Mental Health Counseling	Relationships	High-risk situations
Family	Positive coping strategies	Attending Meetings	Better communication	Self-help support group

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S	O	B	E	R
I.O.P	Anxiety disorder	Meditation	Time In the Program	Affirmations
Treatment	Support System	Rebuilding Trust	Resentments	Positive coping strategies
Memory loss	Money problems	**FREE**	Calling People	Detox
Relapse	Trigger	Self-help support group	Sober House	Attending Meetings
Better communication	Relationships	Addiction	Mental Health Counseling	Working the Steps

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S	O	B	E	R
Trigger	Clean/sober	Anxiety disorder	Self-help support group	Calling People
Rebuilding Trust	Coping mechanisms	Working the Steps	Affirmations	Treatment
Mental Health Counseling	Better communication	**FREE**	Resentments	Meditation
Detox	I.O.P	Addiction	Family	Positive coping strategies
Relationships	Time In the Program	Sober House	Memory loss	Sponsorship

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