

B	I	N	G	O
Write down who you can help this week and how	Act out a story from the bible	Learn about one of the apostles	Tell someone a story from the Scriptures	Play outside
Exercise	Write a letter	Read a book	Call someone	Take a walk
Visit someone	Write in your journal about past week	FREE	Do household chores	Make something for a family member
Memorize a verse	Tell someone in the family you love them	Play a board game	Make a meal	Practice a new talent or hobby
Look through a magazine	Draw 10 things you are grateful for in the past week	Sleep	Write what you learned from church	Have family prayer

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