

| <b>B</b>              | <b>I</b>        | <b>N</b>            | <b>G</b>         | <b>O</b>                    |
|-----------------------|-----------------|---------------------|------------------|-----------------------------|
| Stress                | Anxiety         | Depression          | Psychiatrist     | Mood disorder               |
| Clinical Psychologist | Self esteem     | Phobias             | Anxiety disorder | Seasonal Affective Disorder |
| Stressor              | Bipolar I       | <b>FREE</b>         | Emotion          | Grief                       |
| Schizophrenia         | Mental disorder | Postpartum Disorder | Distress         | Panic Disorder              |
| Bipolar II            | Schizophrenia   | Coping strategy     | Suicide          | Delusions                   |

|               |                 |                             |                 |                       |
|---------------|-----------------|-----------------------------|-----------------|-----------------------|
| <b>B</b>      | <b>I</b>        | <b>N</b>                    | <b>G</b>        | <b>O</b>              |
| Stressor      | Suicide         | Anxiety disorder            | Mental disorder | Clinical Psychologist |
| Psychiatrist  | Grief           | Depression                  | Panic Disorder  | Bipolar I             |
| Emotion       | Anxiety         | <b>FREE</b>                 | Distress        | Postpartum Disorder   |
| Delusions     | Stress          | Coping strategy             | Schizophrenia   | Bipolar II            |
| Mood disorder | Eating disorder | Seasonal Affective Disorder | Phobias         | Self esteem           |

| <b>B</b>               | <b>I</b>                          | <b>N</b>      | <b>G</b>           | <b>O</b>           |
|------------------------|-----------------------------------|---------------|--------------------|--------------------|
| Schizophrenia          | Distress                          | Stressor      | Delusions          | Psychiatrist       |
| Schizophrenia          | Seasonal<br>Affective<br>Disorder | Suicide       | Mental<br>disorder | Bipolar I          |
| Postpartum<br>Disorder | Anxiety<br>disorder               | <b>FREE</b>   | Emotion            | Depression         |
| Eating<br>disorder     | Mood<br>disorder                  | Bipolar<br>II | Anxiety            | Stress             |
| Self<br>esteem         | Phobias                           | Grief         | Panic<br>Disorder  | Coping<br>strategy |