

S	O	B	E	R
Sobriety	Addiction	Has a sponsor	Resentments	Mental Health
Co-occurring disorder	Sober for two months	Relapse	Affirmations	Sober for one month
Treatment	Better communication	FREE	Marijuana	Meditation
Self-help support group	Memory loss	Relationships	High risk situation	Positive coping strategies
Celebrated Anniversary	Sandstone Care	Community Resources	Trigger	Family

S	O	B	E	R
Treatment	Trigger	Affirmations	Memory loss	Co-occurring disorder
Resentments	Meditation	Has a sponsor	Positive coping strategies	Better communication
Marijuana	Addiction	FREE	High risk situation	Relationships
Family	Sobriety	Community Resources	Self-help support group	Celebrated Anniversary
Mental Health	Inhalants	Sober for one month	Relapse	Sober for two months

S	O	B	E	R
Self-help support group	High risk situation	Treatment	Family	Resentments
Sandstone Care	Sober for one month	Trigger	Memory loss	Better communication
Relationships	Affirmations	FREE	Marijuana	Has a sponsor
Inhalants	Mental Health	Celebrated Anniversary	Addiction	Sobriety
Sober for two months	Relapse	Meditation	Positive coping strategies	Community Resources