Medication Bingo

Tell your doctor	3 to 4 weeks	Don't need it	Right time	Name your favorite coping skill
Coping skills	Taking deep breaths	Put alarm on your phone	911	Right medication
Support System	They feel fine and think they don't need it	**FREE**	Antidepressants	Medication Compliance
Balance chemicals in your brain that affect mood & emotions	Mental disorder	Side effects	Mood	Stomach aches
Emotions	Neurotransmitters	Dry mouth/ thirsty	Anxiety	Right dose

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Medication Bingo

They feel fine and think they don't need it	Side effects	Right medication	Right dose	Stomach aches
Antidepressants	Balance chemicals in your brain that affect mood & emotions	Name your favorite coping skill	Coping skills	Neurotransmitters
911	Go to your follow up appointments	**FREE**	3 to 4 weeks	Mood
Tell your doctor	Anxiety	Zoloft and Prozac	Right time	Put alarm on your phone
Don't need it	Medication Compliance	Mental disorder	Emotions	Taking deep breaths

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Medication Bingo

Coping skills	Stomach aches	Mental disorder	Right time	3 to 4 weeks
They feel fine and think they don't need it	Right medication	Don't need it	Balance chemicals in your brain that affect mood & emotions	Neurotransmitters
Medication Compliance	Go to your follow up appointments	**FREE**	Antidepressants	911
Anxiety	Support System	Name your favorite coping skill	Dry mouth/ thirsty	Right dose
Taking deep breaths	Tell your doctor	Mood	Emotions	Depression

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