

S	O	B	E	R
Treatment Plan	Addiction	Heroin	Relationships	Memory loss
Family	Treatment	Pain pills	Affirmations	Relapse
Steroids	Better communication	FREE	Money problems	Living In Balance
Marijuana	Resentments	Meditation	Positive coping strategies	Self-help support group
Inhalants	High risk situation	Meth	Celebrated a recovery milestone/Anniv within the past week	Co-occurring disorder

S	O	B	E	R
Money problems	Memory loss	Better communication	Steroids	Celebrated a recovery milestone/Anniv within the past week
Relationships	Living In Balance	Marijuana	Treatment	Affirmations
Trigger	Meth	FREE	Family	Heroin
Positive coping strategies	Relapse	Pain pills	Resentments	Co-occurring disorder
Addiction	Treatment Plan	Write Ups	Has fewer than 90 days clean/sober	High risk situation

S	O	B	E	R
Money problems	Family	Positive coping strategies	Has fewer than 90 days clean/sober	Affirmations
Addiction	Write Ups	Trigger	Co-occurring disorder	Treatment
Has a sponsor	Resentments	FREE	Meditation	Relapse
Meth	Marijuana	Living In Balance	Better communication	Self-help support group
Celebrated a recovery milestone/Anniv within the past week	Steroids	Memory loss	Heroin	Pain pills