

# RECOVERY

|              |              |                            |                   |                          |
|--------------|--------------|----------------------------|-------------------|--------------------------|
| Support      | Celebrate    | Budgeting                  | Fun               | Resiliency               |
| Peers        | Education    | Stress<br>Management       | Planning<br>Ahead | Change                   |
| Strength     | Volunteering | FUN<br>Friday              | Communication     | Physical<br>Activity     |
| Hope         | Independence | Self-esteem                | Motivation        | Recovery                 |
| Spirituality | Groups       | Personal<br>REsponsibility | Goals             | Community<br>Involvement |

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|                         |                    |                       |              |                   |
|-------------------------|--------------------|-----------------------|--------------|-------------------|
| Coping Skills           | Physical Activity  | Peers                 | Motivation   | Communication     |
| Strength                | Self Advocacy      | Hope                  | Independence | Stress Management |
| Change                  | Volunteering       | FUN Friday            | Celebrate    | Resiliency        |
| Personal REsponsibility | Pets               | Education             | Fun          | Problem Solving   |
| Planning Ahead          | Social Interaction | Community Involvement | Counseling   | Recovery          |

# RECOVERY

|              |               |                       |                  |                |
|--------------|---------------|-----------------------|------------------|----------------|
| Pets         | Celebrate     | Healthy Relationships | Budgeting        | Motivation     |
| Education    | Support       | Community Involvement | Working Together | Wellness       |
| Emotions     | Communication | FUN Friday            | Self Advocacy    | Planning Ahead |
| Energy       | Peers         | Counseling            | Change           | Resiliency     |
| Independence | Fun           | Physical Activity     | Groups           | Recovery       |