

B	I	N	G	O
Write in your journal	Call your grandparents to check in	Listen to a past conference talk	Take the sacrament	Share something positive with someone
Have family dinner together	Write a letter to a family member	Spiritually prepare for the week ahead	Family history work	Take cookies to a neighbor
Visit a family member	Your choice _____ _____	FREE	Go on a family drive	Read about an ancestor
Read the Come Follow Me Lesson	Take time for self-reflection	Read your scriptures	Pray	Share your testimony with someone
Play games with your family	Go to church	Take a walk	Your choice _____ _____	Indexing

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Listen to a past conference talk	Your choice ____ _____ _____	Share something positive with someone	Go to church	Take cookies to a neighbor
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Pray	Take a walk	Write in your journal	Indexing	Take time for self-reflection
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