

B	I	N	G	O
repression	acting out	displacement	psychotic defenses	intellectualization
compensation	regression	obsessional defenses	action defenses	projection
reaction-formation (mask)	sublimation	FREE	altruism	high adaptive defenses
humor	rationalization	immature defenses	fantasy	mature defenses
dissociation	avoidance	passive-aggression	undoing	denial

B	I	N	G	O
sublimation	action defenses	psychotic defenses	compensation	obsessional defenses
displacement	undoing	intellectualization	avoidance	projection
humor	altruism	FREE	high adaptive defenses	acting out
fantasy	passive-aggression	repression	denial	rationalization
immature defenses	mature defenses	reaction-formation (mask)	regression	dissociation

B	I	N	G	O
avoidance	passive-aggression	action defenses	mature defenses	altruism
repression	humor	immature defenses	regression	intellectualization
reaction-formation (mask)	denial	FREE	rationalization	fantasy
sublimation	projection	psychotic defenses	undoing	displacement
high adaptive defenses	acting out	obsessional defenses	compensation	dissociation