

S	O	B	E	R
Smoking Cessation with George	30 Day chip	Commitment	Relapse	Meditation
Celebrated a recovery	Self-help support group	Nutrition Group	Addiction	Recreation
Resentments	Treatment	FREE	Affirmations	Gordon's Group
Has a sponsor	Relationships	Has fewer than 90 days clean/sober	Goal's Group	Music Group with Lily
Family	Better communication	Positive coping strategies	Triggers	Co-occurring disorder

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Treatment	Addiction	Relapse	Celebrated a recovery	Nutrition Group
Commitment	Triggers	Meditation	Better communication	Recreation
Has a sponsor	Affirmations	FREE	Gordon's Group	30 Day chip
Goal's Group	Positive coping strategies	Smoking Cessation with George	Co-occurring disorder	Relationships
Has fewer than 90 days clean/sober	Music Group with Lily	Resentments	Self-help support group	Family

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Better communication	Positive coping strategies	Addiction	Music Group with Lily	Affirmations
Smoking Cessation with George	Has a sponsor	Has fewer than 90 days clean/sober	Self-help support group	Meditation
Resentments	Co-occurring disorder	FREE	Relationships	Goal's Group
Treatment	Recreation	Relapse	Triggers	Commitment
Gordon's Group	30 Day chip	Nutrition Group	Celebrated a recovery	Family