

S	O	B	E	R
Trigger	Anger	Isolation	Resentments	Positive coping strategies
Goals	Treatment	Relationships	Barriers	Strengths
Trust	Codependency	FREE	Recovery	Memory loss
Enabling	Money problems	Self-care	Negative emotions	Reoccurrence
Self-help support group	Meditation	Legal problems	Psychosis	Denial

S	O	B	E	R
Recovery	Positive coping strategies	Codependency	Strengths	Denial
Self-care	Memory loss	Money problems	Treatment	Barriers
Trust	Resentments	FREE	Psychosis	Goals
Isolation	Relationships	Self-help support group	Enabling	Reoccurrence
Anger	Trigger	Willingness	High risk situation	Legal problems

S	O	B	E	R
Recovery	Goals	Reoccurrence	High risk situation	Barriers
Anger	Willingness	Isolation	Trust	Enabling
Treatment	Self-help support group	FREE	Negative emotions	Resentments
Denial	Psychosis	Money problems	Memory loss	Codependency
Strengths	Positive coping strategies	Legal problems	Relationships	Trigger