B	I	N	G	O
Went on strike for a day	Cooked your favorite meal	Completed something you've been putting off	Had an eye exam	Treated yourself/bought yourself something new
Read a book for fun	Got a haircut	Watched mindless TV	Slept in	Volunteered
Went outside a counted all of the beautiful things you could find	Did something creative or artistic -made something just because	**FREE**	Said NO to something you don't have time for or that doesn't serve your health	Made a priority list then scratched off 3 things that you can let go
Meditated	Turned your phone off	Played a musical instrument	Took a nap	Visited someplace new to you
Let go of a grudge	Rearranged a room in your house	Laid in a hammock	Did something spontaneous	Did something adventurous

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved

B	I	N	G	O
Volunteered	Did something spontaneous	Tried a new hobby	Made a priority list then scratched off 3 things that you can let go	Did something creative or artistic -made something just because
Meditated	Watched mindless TV	Did something adventurous	Went outside a counted all of the beautiful things you could find	Cooked your favorite meal
Said NO to something you don't have time for or that doesn't serve your health	Treated yourself/bought yourself something new	**FREE**	Rearranged a room in your house	Planned or went on a vacation
Read a book for fun	Got a haircut	Had an eye exam	Spent quality time with friends/family	Went to bed early
Slept in	Turned your phone off	Exercised	Took a nap	Completed something you've been putting off

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved

B	I	N	G	O
Played a musical instrument	Got a haircut	Said NO to something you don't have time for or that doesn't serve your health	Went on strike for a day	Did something spontaneous
Wrote in a journal	Went to bed early	Had a dental checkup	Did something adventurous	Treated yourself/bought yourself something new
Slept in	Had a health checkup	**FREE**	Cooked your favorite meal	Went outside a counted all of the beautiful things you could find
Read a book for fun	Exercised	Meditated	Had an eye exam	Did something creative or artistic -made something just because
Made a priority list then scratched off 3 things that you can let go	Let go of a grudge	Took a nap	Spent quality time with friends/family	Turned your phone off

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved