

B	I	N	G	O
Visual guidance	Ability	Input	Performance goals	Mechanical guidance
Feedback	Verbal guidance	Open skills	Accepted	Output
Specific	basic skills	FREE	Decision making	Knowledge of results
Manual guidance	Positive feedback	Measurable	Knowledge of Performance	Negative feedback
Intrinsic feedback	Externally-paced skills	Outcome goals	complex skills	Gross skills

B	I	N	G	O
basic skills	Accepted	Performance goals	Feedback	Open skills
Input	complex skills	Mechanical guidance	Externally-paced skills	Output
Manual guidance	Decision making	FREE	Knowledge of results	Ability
Knowledge of Performance	Outcome goals	Visual guidance	Gross skills	Positive feedback
Measurable	Negative feedback	Specific	Verbal guidance	Intrinsic feedback

B	I	N	G	O
Externally-paced skills	Outcome goals	Accepted	Negative feedback	Decision making
Visual guidance	Manual guidance	Measurable	Verbal guidance	Mechanical guidance
Specific	Gross skills	FREE	Positive feedback	Knowledge of Performance
basic skills	Output	Performance goals	complex skills	Input
Knowledge of results	Ability	Open skills	Feedback	Intrinsic feedback