

B	I	N	G	O
Start low go slow	"I don't need meds anymore. I feel better."	Empty stomach	Pros/Cons	Long acting injectables
Cold turkey	Side effects	No insurance	Alcohol and drugs	Pill box
Right to refuse	Stimulants	FREE	Calcium	Iron
It may take time to feel effects of medications	Rash/Lamictal	Lithium	Ibuprofen	Milk of Magnesia
Filling prescriptions	Cell phone alarm	PRN	Take with food	Drug form

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Stimulants	Alcohol and drugs	Pros/Cons	Cold turkey	No insurance
Empty stomach	Take with food	Long acting injectables	Cell phone alarm	Pill box
It may take time to feel effects of medications	Calcium	FREE	Iron	"I don't need meds anymore. I feel better."
Ibuprofen	PRN	Start low go slow	Drug form	Rash/Lamictal
Lithium	Milk of Magnesia	Right to refuse	Side effects	Filling prescriptions

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Cell phone alarm	PRN	Alcohol and drugs	Milk of Magnesia	Calcium
Start low go slow	It may take time to feel effects of medications	Lithium	Side effects	Long acting injectables
Right to refuse	Drug form	FREE	Rash/Lamictal	Ibuprofen
Stimulants	Pill box	Pros/Cons	Take with food	Empty stomach
Iron	"I don't need meds anymore. I feel better."	No insurance	Cold turkey	Filling prescriptions